



**INTRODUCTION**

## Message From Our Manager

It has been a positive and busy few months here at the home, with a range of activities, outings and celebrations enjoyed by residents and staff alike.

We continue to focus on creating a welcoming and engaging environment, where residents feel part of both the home and the wider community. It has been particularly encouraging to see so many opportunities for connection, whether through local events, shared activities or simply spending time together.

I would like to thank our staff team for their continued hard work and commitment, as well as our families and local community for their ongoing support. It is very much appreciated and plays an important part in daily life within the home.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

**Angela Sinclair**  
Home Manager

**COMING UP...**

**DATES IN THE**  
*Struan Lodge Diary*

We have a number of activities planned over the coming weeks, and we look forward to welcoming everyone along:

Wednesday 29th April – Therapy guinea pigs at 2pm  
Monday 4th May – Danny (singer) at 11am  
Tuesday 12th May – Tony (pianist) at 11am  
Tuesday 19th May – Joy rides at 10:30am

**ACTIVITIES & EVENTS**

## Easter Party

On Sunday, 5th April, we held our Easter celebration, bringing residents together for an afternoon of light hearted fun. The day included a selection of games and Easter themed activities, which everyone joined in with great enthusiasm.

The party continued with a buffet that offered something for all tastes, followed by a selection of sweet treats and Easter eggs. It was a relaxed and enjoyable occasion, with plenty of laughter, conversation and a real sense of togetherness across the home.



## ZooLab Visit

A recent visit from ZooLab provided a different kind of experience and was met with great interest from residents. The session gave everyone the chance to see and learn about a variety of animals up close.

The group included a giant snail, a bearded dragon, a snake, a tarantula and gerbils. For many, it brought back memories and sparked plenty of discussion. It was an engaging afternoon and something a little out of the ordinary, which was very well received.



## Baking Club

Our weekly baking sessions continue to be a firm favourite. Each week brings something new, from cookies and scones to chocolate truffles, cupcakes, pizza and rocky road.

Residents enjoy taking part in every stage, whether measuring ingredients, mixing, or decorating. It is as much about the shared experience as it is about the end result. Once everything is ready, everyone sits down together with a cup of tea to enjoy what they have made, which always creates a lovely social moment.



## Arts and Crafts

Arts and crafts remain an important part of life at Struan Lodge, offering residents the opportunity to express themselves in a relaxed and supportive setting.

Sessions include painting, drawing and seasonal projects, with a range of materials available to suit different interests and abilities. The focus is on enjoyment and creativity, and the finished pieces often brighten up the home while giving residents a real sense of achievement.



## Hot Chocolate Days

Our hot chocolate gatherings have become a simple but much loved part of the weekly routine. These sessions provide a cosy break in the day, where residents can relax, chat and enjoy a warm drink together.

They are a reminder that it is often the smaller moments that make the biggest difference, creating a sense of comfort and connection within the home.



**COMING UP**

## Looking Ahead

As we move further into spring and towards the summer months, we are planning more opportunities for residents to spend time outdoors, weather permitting, as well as continuing with visits from entertainers and community groups.

We are also looking to build on the activities that residents already enjoy, while introducing a few new ideas to keep things interesting and engaging. As always, we welcome feedback from residents and families, as this helps us shape a programme that reflects everyone's interests.

Thank you for your continued support, and we look forward to sharing more moments together in the months ahead.

**EXTERNAL LINKS**

## Social Media

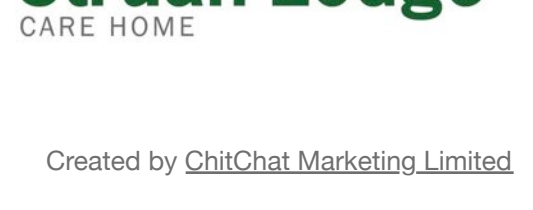
Make sure to check out the Struan Lodge Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

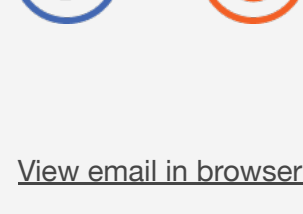
## Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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