



INTRODUCTION

Message From Our Manager

Welcome to our latest newsletter.

It has been another enjoyable few months here at the Struan Lodge Care Home, with residents making the most of the warmer weather and taking part in a wide variety of activities both indoors and out. From gardening and baking to exciting animal encounters and community outings, there has been something for everyone to enjoy.

Our focus continues to be on creating meaningful experiences that reflect each resident's interests and encourage wellbeing, companionship and independence. It is always wonderful to see residents trying new activities, sharing conversations and making happy memories together.

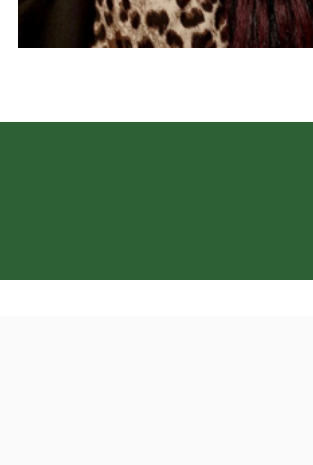
Thank you to our dedicated team, our families and all of our visitors for the kindness and support you continue to show. We hope you enjoy reading about some of the highlights from the past few months.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Angela Sinclair
Home Manager



COMING UP...



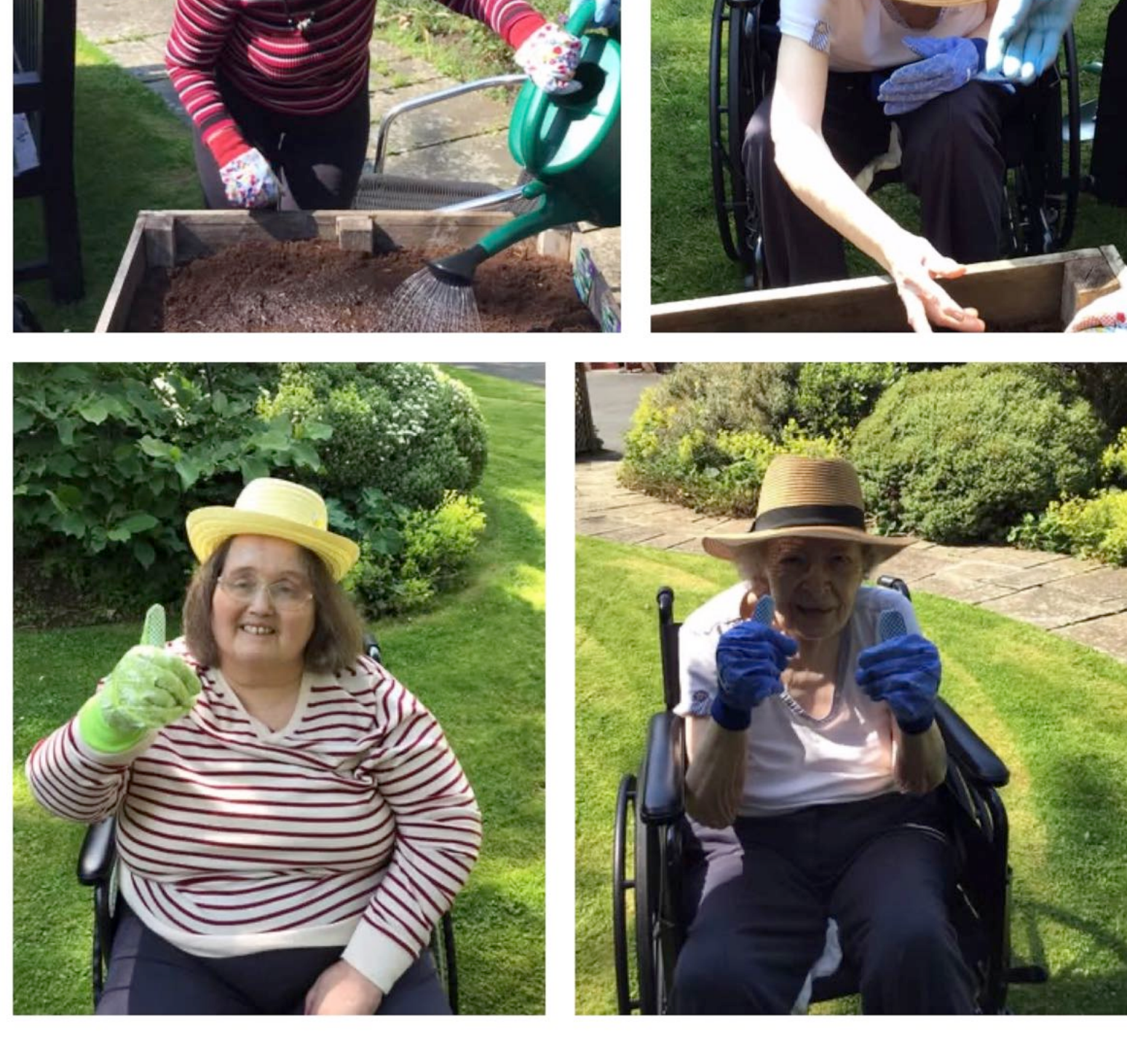
ACTIVITIES & EVENTS

Garden Time

Residents have been making the most of the warmer weather by spending time in our gardens, where they have been planting colourful flowers, caring for plants and enjoying the fresh air.

Gardening is a favourite activity for many of our residents, providing gentle exercise while encouraging creativity and a sense of achievement. Whether watering newly planted flowers, tending to the borders or simply relaxing amongst the blooms, everyone enjoys spending time outdoors.

The garden continues to be a peaceful space where residents can connect with nature, enjoy conversation with friends and appreciate the changing seasons.



Baking Together

The wonderful aroma of freshly baked treats has been filling the home as residents have enjoyed spending afternoons baking some of their favourite recipes.

From sweet bakes to savoury delights, everyone enjoys getting involved by measuring ingredients, mixing, decorating and, of course, sampling the finished creations. Baking often sparks conversations about treasured family recipes and happy memories from years gone by.

Sharing the delicious results over a cup of tea makes the experience even more enjoyable and is always something residents look forward to.

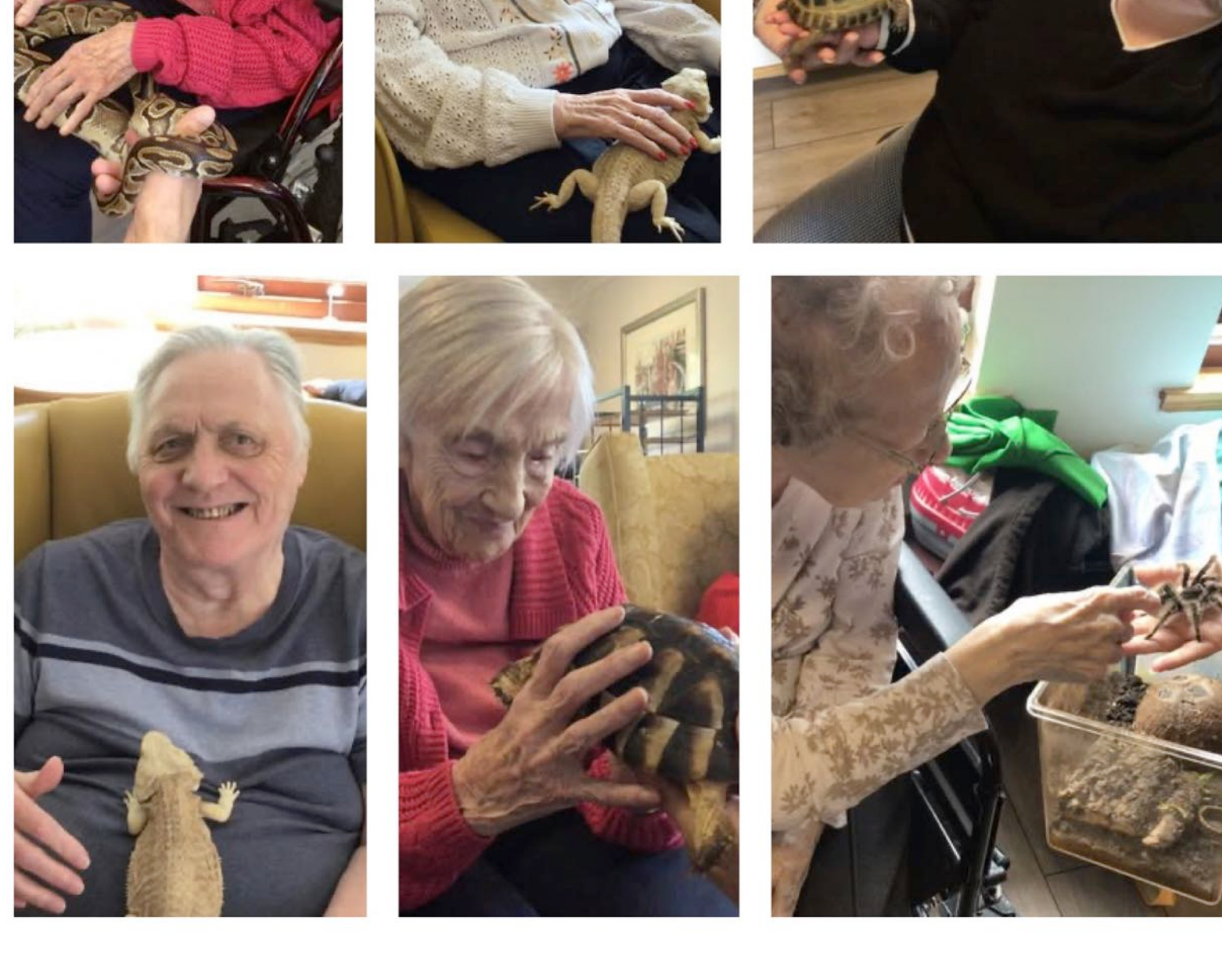


A Visit from ZooLab

Residents were delighted to welcome both Cool Creatures and ZooLab for some fascinating animal encounters.

The visits gave everyone the opportunity to meet an incredible variety of animals, including a snake, bearded dragon, skunk, tortoise, tarantula and gecko. For some residents it was a completely new experience, while others enjoyed reminiscing about pets and wildlife they had encountered over the years.

There was plenty of curiosity, conversation and laughter throughout the visits, making them a memorable experience for everyone involved.



Pet Therapy with the Guinea Pigs

Visits from our friendly guinea pigs continue to be a highlight for many of our residents.

Everyone enjoys the opportunity to hold, feed and gently stroke these much-loved furry visitors, whose calm and friendly nature always brings smiles to people's faces. The visits create a relaxed atmosphere, encouraging conversation and providing comfort and companionship.

Animal therapy remains a valuable part of life in the home, creating meaningful moments and bringing happiness to residents of all ages and abilities.



Trip to the Botanic Gardens

Making the most of the beautiful weather, residents recently enjoyed a relaxing visit to the Botanic Gardens.

The outing provided an opportunity to stroll through the colourful gardens, admire the seasonal flowers and enjoy the peaceful surroundings. Residents appreciated spending time outdoors, soaking up the sunshine and taking in the beautiful scenery.

Trips into the local community are always well received, offering a welcome change of scenery while creating opportunities to socialise, relax and make lasting memories together.



COMING UP

Looking Ahead

We are looking forward to continuing our programme of activities, outings and special events that help make every day enjoyable and meaningful for our residents.

With more entertainment, creative sessions, animal visits and opportunities to enjoy our gardens already planned, there is plenty to look forward to. We also look forward to welcoming families to our upcoming relatives' meeting and continuing to work together to provide the very best care and experiences for everyone who calls our home their home.

Thank you for your continued support. We look forward to sharing more happy memories with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Struan Lodge Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

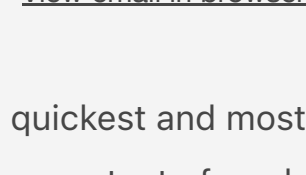
Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

Struan Lodge
CARE HOME

Created by [ChitChat Marketing Limited](#)



[View email in browser](#)

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our news and communications as a contact of our home. We hope you find our newsletters interesting and informative. We use ChitChat Marketing as our marketing partner (https://www.chitchatmarketing.co.uk/chitchat-gdpr-data-processing-agreement) and Mailchimp as our marketing platform (https://mailchimp.com/legal) and as such your information is transferred to them for processing. All information is treated professionally and with respect. You can of course unsubscribe at any time by clicking the 'unsubscribe from this list' link at the bottom of each email.

[update your preferences](#) or [unsubscribe](#)

