



INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter! As we say goodbye to the warmer days of summer and welcome the changing colours of autumn, it is lovely to look back at everything our residents have been enjoying at Struan Lodge.

We certainly made the most of the last of the sunshine, with afternoons spent outdoors, a Hawaiian-themed party and plenty of games and activities around the home. Our residents have also been busy getting creative with autumn crafts, and it was lovely to see everyone come together for our Macmillan Coffee Morning.

There is lots to look forward to over the coming months, including some very special animal visitors, Halloween fun and live musical entertainment. We are also looking forward to welcoming families and friends to join us whenever they can.

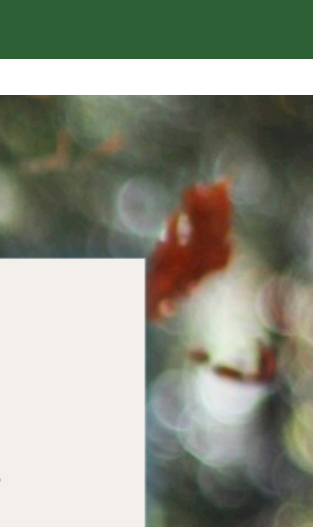
I hope you enjoy reading about our latest activities and seeing what we have planned as we head towards the festive season.

If you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Angela Sinclair
Home Manager



COMING UP...



ACTIVITIES & EVENTS

Aloha! A Hawaiian Farewell to Summer

We decided to give summer a proper send-off at Struan Lodge with a Hawaiian-themed party, bringing a little tropical cheer to the home before the cooler weather arrived.

Residents enjoyed an afternoon of games, a delicious buffet and plenty of good company. It was lovely to see everyone getting involved, enjoying the party atmosphere and making the most of our final summer celebration.

We also held a raffle in support of our Residents' Fund, which was a great success. The money raised will help us arrange additional activities and treats for residents throughout the year.

A big thank you to everyone who donated prizes, bought tickets or helped with the preparations. It was a fitting way to round off the summer, and we are already looking forward to our next party!



Getting Creative with Autumn Leaves

With autumn arriving, our arts and crafts sessions have taken on a lovely seasonal theme.

Residents have been experimenting with leaf painting, using the beautiful colours of autumn as inspiration for their artwork. From warm oranges and golden yellows to rich reds and browns, there was plenty of colour around the craft table.

Everyone enjoyed trying out their own ideas, and it was lovely to see the different designs taking shape. Some residents preferred to take their time carefully choosing colours, while others were happy to experiment and see what they could create.

There was plenty of conversation along the way, and everyone was pleased to admire the finished artwork.

We have some very creative residents at Struan Lodge, and we are looking forward to seeing what they make next!



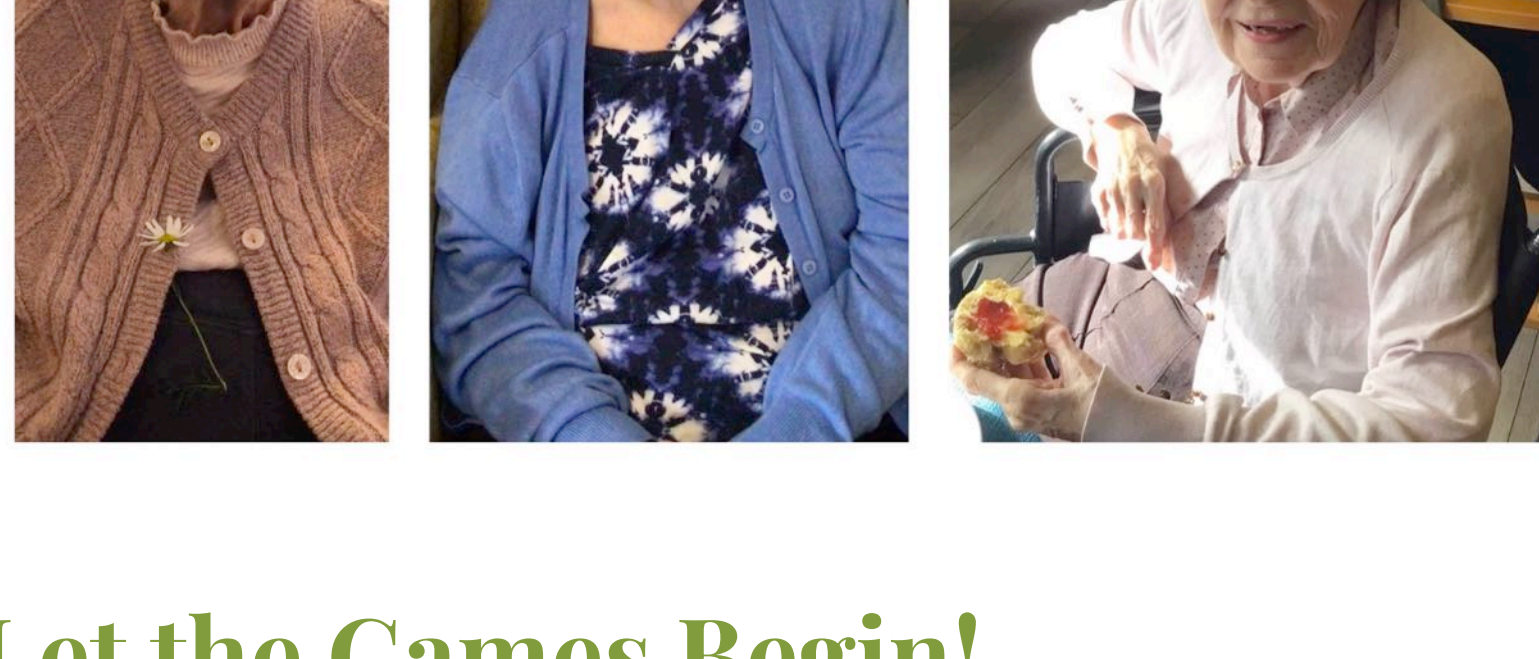
Coffee, Cake and a Good Cause

On Friday 25th September, we joined people across the country in supporting Macmillan Cancer Support by hosting our own Macmillan Coffee Morning.

Residents gathered together for a lovely selection of cakes, accompanied by plenty of tea, coffee and conversation. There is always something nice about sitting down for a cuppa with friends, particularly when there are some delicious treats to choose from!

It was also an opportunity to support a cause that touches the lives of so many people and families.

We would like to thank everyone who contributed to the morning and helped us support Macmillan's important work. It was a lovely way to spend time together while doing something worthwhile.



Let the Games Begin!

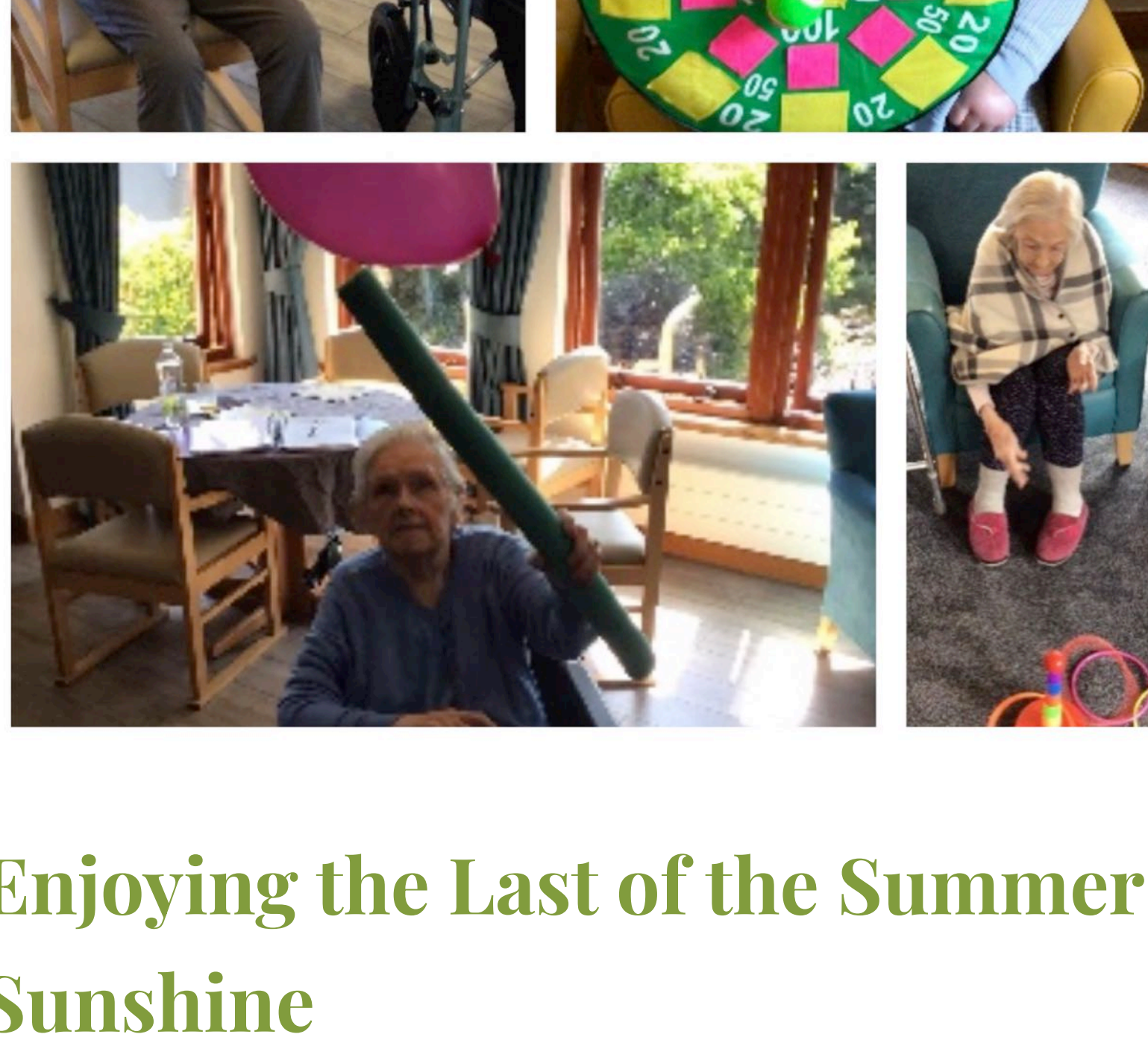
There has been a little friendly rivalry at Struan Lodge recently, with residents enjoying a whole range of games and challenges.

We have been playing Snakes and Ladders, Balloon Tennis, Ball Darts and Hoop Toss, with everyone keen to put their skills to the test.

Snakes and Ladders has brought a few unexpected twists, especially when someone finds themselves sliding all the way back down the board just as they are getting close to winning!

Balloon Tennis has been another favourite, with residents working hard to keep the balloon in play, while Ball Darts and Hoop Toss have put everyone's aim to the test.

It has been great to see residents encouraging one another, celebrating a good shot and enjoying a little competition. There may even be a few residents who have discovered a competitive streak they did not know they had!



Enjoying the Last of the Summer Sunshine

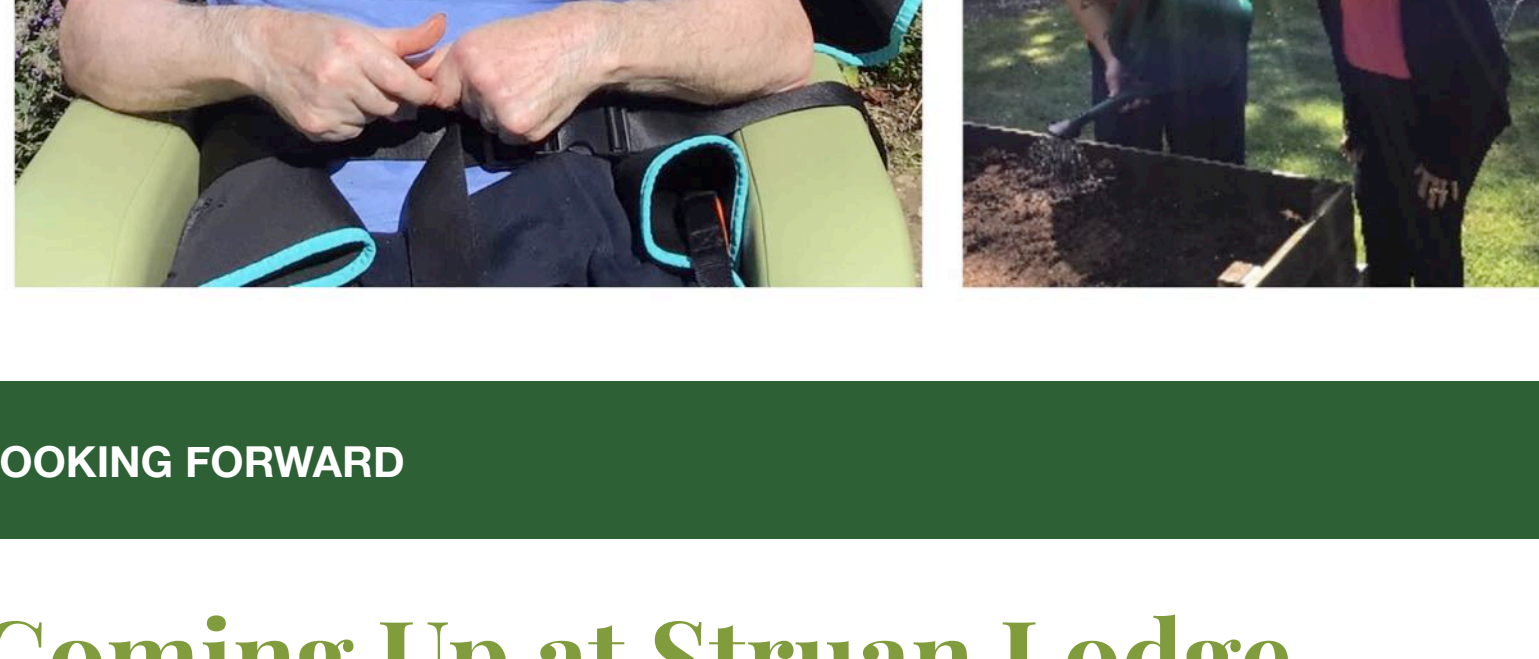
Before autumn arrived, we made sure to enjoy those final warm and sunny days whenever we could.

Residents spent some lovely afternoons outdoors, sitting comfortably in the fresh air, enjoying the peaceful surroundings and listening to the sounds of nature.

Of course, no relaxing afternoon at Struan Lodge would be complete without a good cup of tea!

It was nice to have the opportunity to sit together, enjoy a chat and simply appreciate the sunshine while it lasted.

Although we are now looking forward to all the things autumn brings, we certainly enjoyed making the most of those last few summer afternoons.



LOOKING FORWARD

Coming Up at Struan Lodge

We have plenty planned over the next couple of months, and there are some particularly exciting visitors on the way!

Our Halloween Party will kick things off on Friday 30th October, followed by a visit from ZooLab later that afternoon. We are looking forward to finding out which fascinating creatures they will bring along for residents to meet.

Therapies will also be joining us in November, and we are sure their visit will be a popular one.

There will be opportunities to enjoy a cuppa and a catch-up at our Coffee Afternoon, while Tony and Amanda will be providing some lovely musical entertainment as we head towards Christmas.

Upcoming Relatives' Meetings

Our next relatives' meetings will take place on:

- Monday 18th November
- Wednesday 16th December

These meetings are an opportunity to catch up on news from the home, ask any questions and share your thoughts and suggestions.

We always appreciate hearing from families and look forward to seeing you there.

Looking Ahead

With Halloween just around the corner and Christmas not too far behind, we have plenty to keep us busy at Struan Lodge.

Residents will continue to enjoy their favourite games, crafts and social activities, alongside visits from entertainers and some rather adorable animal friends.

We are particularly looking forward to our festive preparations, when the decorations begin to appear and the familiar Christmas songs make their way back into our activities.

Thank you to all our residents, families, friends and colleagues for being such an important part of life at Struan Lodge. We look forward to enjoying the coming months together and sharing more of our news with you soon.

EXTERNAL LINKS

Social Media

Make sure to check out the Struan Lodge Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)